

Beat June Gloom—Stay home! Kathi Guiney GPHR, SPHR, SCP, President of **YES!** Your Human Resources Solution.

June Gloom is more than cloudy skies. It's that feeling you get when the kids are out of school but you're still working, the surf is up but you're stuck in the office, and that sassy summer outfit beckons but it still has its tags on. Yup, it's the pre-summer vacation grays. The good news is, you can get away without scheduling a grandiose getaway. How?

A staycation!

You don't have to spend two weeks in Tahiti to deserve a break from work. Even if you're a VIP in your office, you can relax over several long weekends at home. But before you go, make a list of must-do tasks that may pop up during your time off. Cross-train your coworkers to handle these vital items. Never say, "I'll be around, just call me!" Staying local should not minimize your vacation time—although you should designate one person who can call you in case of an emergency.

Since no one needs to know what you're doing on your days off, consider keeping your plans a mystery (nix the Facebook posts until your return!) The tales of your adventures will seem that much more interesting without the local market's neon sign behind your head!

One exciting adventure to catch during your staycation... brunch! Nothing feels more decadent than brunch on a Monday. So have a mimosa, give work emails a rest and say thanks to the long weekend. Just remember, the business is not likely to fall apart between Friday and Monday. And if in fact it might, you may want to use your time off to spiff up your resume!

Don't let those pre-summer vacation grays get you down! June Gloom is just one cloud away from June Bloom and a delightfully sunny summer vacation just minutes from your home.